

**A Program
Endorsed by**



Department of Occupational Safety
& Health (DOSH)
Ministry of Human Resource
Malaysia

OCCUPATIONAL SAFETY AND HEALTH OSH

COORDINATOR COMPETENCY PROGRAM

Are you aware that according to Section 29A(4) of the Occupational Safety and Health Act (Amendment) 1994 any workplace in Malaysia that employs five or more employees must appoint a qualified and professionally trained Occupational Safety and Health (OSH) Coordinator?

Failure to appoint an Occupational Safety and Health (OSH) Coordinator will result in penalties, with higher fines imposed on employers found to be in violation of their responsibilities. The fines can go up to RM 50,000 or imprisonment for six months.

Wait no longer!!...be OSHA compliant ready via our 3-days exclusive OSH Coordinator training program designed to equip trainees with complete knowledge on OSH and how to adopt OSH practice daily at the work area. The key take-away of this program is that it will be a feather in one's cap being CERTIFIED as "Trained Personnel" endorsed by the Department of Occupational Safety and Health (DOSH), Malaysia.

Objective

- Understand the skills to manage and maintain OSH documents.
- Perform roles and responsibilities as OSH Coordinator in the organisation.
- Familiar with the requirement of OSH 2022 requirements.
- Cultivate safe work culture at the workplace and take reasonable action to OSH compliance.

Target Group

- Safety Officers
- Managers
- Supervisors
- Safety Committee Members, and
- Employees from SME companies
- Interested Individuals
- Workers in small and medium industries (SMI)
- TVET/ Fresh graduates
- Safety and Health Committee Members
- Human Resource Officers
- Supervisors & Team Leaders from various sectors of MSMEs



be protected & protect others via the right OSH competencies (attitude | skills | knowledge)

COMPREHENSIVE MODULES

DAY 1

Module 1 Challenges and Realities of Small & Medium Industries (SMIs)

- Needs and benefits of OSH Coordinator in the workplace
- Responsibilities, roles and requirement of OSH-C in an Organization

Module 2 Getting to Know DOSH and Malaysia's Key OSH Laws

- Dive into the core mission of the Department of Occupational Safety and Health (DOSH)
- Explore key OSH regulations and how they impact the workplace

Module 3 OSH Management Essentials for SMIs

- Craft a strong OSH policy: The must-have elements
- Understand the critical role of Safety and Health Committees
- Simplify accident reporting and map out your emergency action plans

Module 4 Mastering Chemical Safety

- Safeguard your team with chemical safety protocols
- Understand the Chemical Life Cycle and its practical applications

DAY 2

Module 5 Unpacking Occupational Diseases

- How DOSH manages workplace-related diseases
- A sneak peek into Occupational Health
- Get insights into Malaysia's latest Occupational Disease statistics

Module 6 Introduction to Work-related Road Safety

Module 7 Hazard Identification, Risk Assessment, and Control (HIRARC)

- Learn how to spot hazards and assess risks using cutting-edge risk matrices
- Manage risks effectively with the control hierarchy approach
- Hands-on training: Create your own HIRARC plan
- Group and individual exercises to apply your knowledge

Module 8 Smart Material Handling & Storage

- Master the art of material handling and safe storage
- Arrange materials efficiently with OSHA-compliant WISE principles

DAY 3

Module 9 Workstation Design & Optimal Lighting

- Boost productivity through ergonomic workstation design
- Apply the principles of lighting for enhanced efficiency
- Identify areas for improvement in your workplace setup

Module 10 Maximizing Machine Safety

- Best practices for safe machine operation
- Optimize machinery efficiency to keep your workplace safe and productive

Module 11 Enhancing Premises & Welfare Facilities

- Understand how upgrading your premises drives productivity
- Simple fixes to improve workplace facilities
- Discover the benefits of offering affordable welfare facilities
- Easy steps to enhance your team's welfare amenities

Recap & Q&A

- Final day wrap-up with a recap of key takeaways and interactive Q&A sessions



www.thssbgroup.com

Get More Info....Get In Touch with us

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